

CELEBRATING ST. PATRICK'S DAY TUESDAY, MARCH 16, 2010



2-MILE ROAD RACE. Very flat, out-and-back course starts at Watt & Chestnut Sts, East to Main St. and back. USATF Sanctioned

AWARDS:

Beautiful, specially-designed plaques to top three overall finishers for male and female. Specially-designed The Shamrock medals to the top 100 finishers of each gender.

PRE-REGISTRATION FEE of \$15 **before** March 6. After March 6 and race-day registration: \$20 ****Those registered by March 6** are eligible for special door prizes. Register at www.fastfredrun.com

CHECK IN & LATE REGISTRATION:

4:30 p.m. - 6:10 .pm. @ 300 Spring Street & Chestnut Sts., Jeffersonville, IN.

REGISTRATION:

Includes race number which entitles you to one beverage and one party mix snack at the post-race party. The party will feature music , on-going pictures of the race, and door prizes including a **Pot of Gold!** Doors will close at 9:00 p.m.

RACE PHOTOS:

Available at moranphoto.net

PROCEEDS GO TO:

Purdue University School of Pharmacy Type I Diabetes Education for Clark-Floyd-and Harrison Counties and Jeffersonville Riverstage.

ADDITIONAL INFO:

502-554-7245 or fastfred@insightbb.com



Fred Run, Ltd.

Tuesday, March 16th, 2010
The Shamrock - 6:30 p.m.
make checks payable to: All Trax Timing

Send release, check and entry form to:
All Trax Timing
c/o All Trax Timing
2424 Chimney Point Lane, Lexington, KY 40509

Race #:

for official use only

Name

Address City/State/Zip

Phone Email

Date of Birth Age Sex

In consideration of the acceptance of my entry for the Shamrock, I, for myself, my heirs, executors and administrators, waive and release all claims against Fred Run, Ltd., and all contractors, promoters, supporters and volunteers, for all claims of damage, injuries, demands, actions in any manner as a result of my participation in the Shamrock.

Signature Date

(Signature of parent if under 18 years of age)